

## Printable Grocery List

### Baked Goods

- Bagels
- Bread
- Muffins
- Other:

### Condiments

- Bacon Bits
- Barbecue Sauce
- Cooking Oil
- Chocolate Syrup
- Jelly
- Ketchup
- Non-stick oil spray
- Marshmallows
- Mayonnaise
- Mustard
- Olives
- Peanut Butter
- Pickles
- Salad dressing
- Steak sauce
- Syrup
- Tartar sauce
- Vinegar

### Dairy

- Butter
- American Cheese
- Cheddar Cheese
- Cottage Cheese
- Cream Cheese
- Dips
- Eggs

### Cereals

- Kids Cereal
- Adult Cereal
- Oatmeal
- Other:

### Cookies

- Chocolate Chips
- Crackers
- Graham crackers
- Other:

### Canned Foods

- Corn
- Beans
- Peas
- Mushrooms
- Tomatoes
- Tomato Sauce
- Tuna

### Soup

- Chicken Noodle
- Cream of Mushroom
- Cream of Chicken
- Cream of Celery
- Tomato Soup

### Deli

- Bacon
- Bologna
- Ham
- Hot Dogs
- Salami

### Frozen Foods

- Cakes
- Dinners
- Fish Sticks
- Chicken Nuggets/Filets
- Ice Cream
- Juice concentrate
- Pies
- Pot Pies
- Pizza
- Vegetables
- Waffles
- Pancakes
- Potatoes/French fries/Tots

### Paper /Kitchen Products

- Foil
- Freezer bags
- Heavy Duty Trash bags
- Kitchen garbage bags
- Kleenex
- Lunch bags
- Paper Cups
- Paper plates
- Paper Towels
- Plastic sandwich bags
- Plastic Wrap
- Plastic Utensils
- Snack bags
- Toilet paper
- Waxed paper

### Pet Supplies

- Bird Seed

- Half & Half
- Jello
- Margarine
- Milk (White)
- Chocolate Milk
- Pudding
- Sour Cream
- Tofu
- Tortillas
- Yogurt

#### **Hot Beverages**

- Apple Cider
- Cappuccino
- Coffee
- Coffee creamer
- Coffee filters
- Hot Chocolate
- Tea

#### **Health and Beauty Items**

- Adhesive Tape
- Anti-acid
- Antibiotic ointment
- Antihistamine
- Bandages
- Cold medicine
- Contacts supplies
- Cotton
- Cotton Swabs
- Cough syrup
- Dental Floss
- Deodorant
- Eye drops
- First aid cream
- Hair Conditioner
- Hair Spray
- Hand soap

- Sausage
- Turkey
- Roast Beef
- Pastrami
- Lunchables

#### **Drinks**

- Apple Juice
- Club Soda
- Cola
- Diet Cola
- Grapefruit Juice
- Juice Boxes
- Orange Juice
- Seltzer
- Sports Drink
- Water
- Powdered milk

#### **Household**

- Air freshener
- All purpose cleaner
- Batteries
- Bleach
- Candles
- Charcoal
- Car Wash Materials
- Disinfectant
- Dish washing liquid
- Dishwasher detergent
- Drain Cleaner
- Fabric Softener
- Floor wax
- Furniture polish
- Glass cleaner
- Insect spray
- Laundry detergent
- Matches

- Dry Cat Food
- Canned Cat Food
- Cat Litter
- Dry Dog Food
- Canned Dog Food

#### **Pastas/Rice/Starches**

- Dinner helpers
- Egg Noodles
- Fettuccini
- Gravy Mix
- Instant Potatoes
- Lasagna
- Linguine
- Parmesan Cheese
- Macaroni and Cheese
- Spaghetti
- Spaghetti Sauce
- Stuffing Mix
- Velveeta Cheese
- White Rice
- Wild Rice
- Yellow Rice
- Ziti

#### **Seafood**

- Clams
- Crabmeat
- Fish filets
- Lobster
- Salmon
- Scallops
- Shrimp
- Tuna

#### **Produce**

- Apples
- Artichokes
- Asparagus

- Laxatives
- Lotion
- Lip balm
- Mouthwash
- Pain reliever
- Razor blades
- Shampoo
- Sanitary napkins
- Tampons
- Toothpaste
- Vitamins

### **Meat**

- Beef
- Chicken
- Ground Beef
- Ground Turkey
- Ham
- Lamb
- Pork
- Ribs
- Sausage
- Steaks

### **Snacks**

- Candy
- Peanuts
- Popcorn
- Potato Chips
- Pretzels
- Salsa
- Tortilla chips
- Fruit Roll Ups

- Oven cleaner
- Scouring pads
- Sponges
- Stain remover
- Toilet bowl cleaner

### **Spices/Baking Products**

- Baking Powder
- Baking Soda
- Brown Sugar
- Cake Mix
- Flour
- Food Coloring
- Garlic Salt
- Icing
- Italian Seasoning
- Jello Mix
- Parsley Flakes
- Paprika
- Pepper
- Powdered sugar
- Pudding Mix
- Oregano
- Salt
- Vanilla Flavoring
- White Sugar

- Bananas
- Blueberries
- Broccoli
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Cherries
- Corn
- Cucumber
- Eggplant
- Grapefruit
- Grapes
- Green Peppers
- Lettuce
- Mushrooms
- Nectarines
- Onions
- Oranges
- Peaches
- Pears
- Peas
- Plums
- Potatoes
- Radishes
- Raisins
- Red Peppers
- Scallions
- Spinach
- Squash
- Strawberries
- Tangerines
- Tomatoes
- Watermelon
- Yams