

Babysitter Instructions and Emergency Contact List

Mother's name: _____

Cell phone/pager: _____

Father's name: _____

Cell phone/pager: _____

Our house address: _____

Our home telephone #: _____

Child's name and age: _____

Child's name and age: _____

Child's name and age: _____

Child's name and age: _____

Child's name and age: _____

A nearby neighbor's name: _____

A nearby neighbor's phone #: _____

Doctor's Phone #: _____

Emergency phone #: _____

Instructions

If any one calls, tell them: _____

Nap time is: _____

Bedtime is: _____

Activities not permitted when we are gone:

